Val Verde parents and guardians, you are invited to join us for another amazing year with our program!

## Healing 2 Wholeness



Healing 2 Wholeness is a Mental Health Services program that offers CAMs (Complementary Alternative Medicine) such as Mindfulness, Meditation, Self-Care, Stress Reduction, Support Groups, Art Therapy, and Healing Circles as an alternative form of treating and healing from mental health challenges.





Tuesdays 5:00 p.m. - 6:30 p.m.

August 27 September 3, 10, 24 October 1, 8, 22, 29 November 5, 12 December 3, 10

Family Engagement Center
Building 700, Room 711
975 W. Morgan St., Perris, CA 92571

www.valverde.edu/fec (951) 940-8567

In English & Spanish



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The Val Verde Unified School District desires to provide a safe school environment that allows all students equal access to and opportunities in the district's academic, extracurricular, and other educational support programs, services, and activities. The Board prohibits, at any district school or school activity, unlawful discrimination, including discriminatory harassment, intimidation, ethnicity, age, religion, marital status, pregnancy, parental status, physical or mental disability, medical condition, sex, sexual orientation, gender, gender identity, gender expression, or genetic information, or association with a person or group with one or more of these actual or perceived characteristics. Unlawful discrimination, including discriminatory harassment, intimidation, or bullying, may result from physical, verbal, nonverbal, or written conduct based on any of the categories listed above. Unlawful discrimination also occurs when prohibited conduct is so severe, persistent, or pervasive that it affects a student's ability to participate in or benefit from an educational program or activity; creates an intimidating, threatening, hostile, or offensive educational environment; has the effect of substantially or unreasonably interfering with a student's academic performance; or otherwise adversely affects students educational. Unlawful discrimination also includes disparate treatment of students based on one of the categories above with respect to the provision of opportunities to participate in school programs or activities or the provision or participates in the filling of a complaint, or investigates or participates in the investigates or participates in the reports or participates in the reportion of retaliation or any individual whor reports or participates in the reportion of reports or participates in the reportion of programs or activities or the provision or participates in the same manner as a discrimination complaint. Students who engage in unlawful discrimination, including discriminatory harassment,